

# Weight Loss Testimonial Disclosures

Important Note: All written testimonials, video testimonials, and "before and after" photos require the proper weight loss disclosure.

The following disclosures and disclaimers MUST be displayed at all times.

## 1. YOR Best Body 8 - Week Challenge

#### **HOW TO USE**

This disclosure should be displayed at all times when any marketing material represents a written, video or visual before and after picture. All weight loss claims must be supported by the actual average expected results.

#### **DISCLOSURE**

As of Sept 2013, men and women who completed any cycles of the *YOR Best Body 8-Week Challenge* in the Weight Loss (SLIM) Category lost an average of 12.03 lbs. in an eight week period, or 1 1/2 lbs. per week. Optimal results are achieved when following the product regimen in combination with a healthy diet and exercise program.

## 2. YOR Health 100 lb Club

#### **HOW TO USE**

This disclosure should be displayed at all times when any marketing material represents a written, video or visual before and after picture. All weight loss claims must be supported by the actual average expected results.

## **DISCLOSURE**

As of Sept 2013, ten current men and women who have participated in the YOR Health 100 lb club lost an average of 118.4 lbs in a 27-month period, averaging 1 lb per week. Optimal results are achieved when following the product regimen in combination with a healthy diet and exercise program. YOR Health does not encourage rapid weight-loss. These results are not typical.