



YOR 1TM

INDIVIDUALIZED NUTRITION SUPPORT[†]

Directions: As a dietary supplement, take one (1) capsule with every meal or snack. Drink at least 8 oz. of water with each dosage. If you have difficulty swallowing capsules, you may remove contents from capsule, mix with a small amount of tepid water, and ingest immediately. Dosage may be increased according to digestive need.

Supplement Facts			
Serving Size: 1 Capsule			
	Amount Per Serving	%DV*	
Riboflavin	2 mg	118%	Enzyme Proprietary Blend
Magnesium (as magnesium citrate)	3 mg	< 2%	Protease 4.5
Chromium (from chromium polynicotinate)	100 mcg	83%	Lipase
Potassium (as potassium citrate)	3 mg	< 2%	Cellulase
YOR 1TM Nutrient Blend	352 mg	**	Lactase
(Garcinia (fruit) ext, Broccoli, Carrot (root), Spinach (leaf), Marshmallow (root), Papaya (leaf), Rose hips (fruit), Acerola (fruit) ext, Barley grass, Garlic (bulb), Green pepper (fruit), Prickly ash (bark), Gotu-kola (aerial part), Wheat germ, Blue green algae (Aphanizomenon flos-aqua), Chlorella algae, Kelp algae (Ascophyllum nodosum), Alfalfa (grass) juice pwd, Flax seed, Lipoic acid)			Phytase
			Amylase
			Alpha-galactosidase
			Protease 3.0
			Pectinase
			Protease 6.0
			Hemicellulase
			YOR 1TM Probiotic Blend
			DDS-1 strain of L. acidophilus (grown on milk)
			Bifidobacterium longum

* Percent Daily Values are based on a 2,000 calorie diet
** Daily Value not established

Other Ingredients: Vegetarian Capsule (cellulose & water). **ABSOLUTELY NO FILLERS**

Enzyme activity is measured in Food Chemical Codex (FCC) units.

Storage: Store in a cool, dry place away from moisture and sunlight. Always keep tightly sealed.

YOR 1TM is a trademark of a proprietary blend of highly active, functional enzymes. These enzymes are pH balanced and GI tract stable. This blend is formulated to enhance the digestive process and impart systemic benefits.[†]

Persons under the age of 18 should not use without clearance from a physician. CONSULT YOUR PHYSICIAN IF YOU ARE PREGNANT, NURSING, TAKING A PRESCRIPTION DRUG, OR HAVE ANY MEDICAL CONDITIONS. KEEP OUT OF REACH OF CHILDREN.

Do not use if seal is broken, damaged, or appears to have been tampered with.

To report product satisfaction, adverse effect or other comments please call us at: (949) 681-6088.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Distributed By:  YOR[®] Irvine, CA 92614



YOR 2TM

INDIVIDUALIZED NUTRITION SUPPORT[†]

Directions: As a dietary supplement, take one (1) capsule with every meal or snack. Drink at least 8 oz. of water with each dosage. If you have difficulty swallowing capsules, you may remove contents from capsule, mix with a small amount of tepid water, and ingest immediately. Dosage may be increased according to digestive need.

S u p p l e m e n t F a c t s			
Serving Size: 1 Capsule			
	Amount Per Serving	%DV*	
Riboflavin	1 mg	59%	Enzyme Proprietary Blend 268 mg **
Magnesium (as magnesium citrate)	3 mg	< 2%	Protease 4.5 80,000 HUT **
Zinc (as zinc citrate)	0.5 mg	3%	Lipase 1,731 FIP **
Chromium (as chromium polynicotinate)	100 mcg	83%	Cellulase 800 CU **
YOR 2TM Nutrient Blend	317 mg	**	Lactase 763 ALU **
(Garcinia (fruit) ext, Broccoli, Carrot (root), Spinach (leaf), Marshmallow (root), Papaya (leaf), Rose hips (fruit), Prickly ash (bark), Acerola (fruit) ext, Barley grass, Garlic (bulb), Green pepper (fruit), Gotu-kola (aerial part), Wheat germ, Blue green algae (Aphanizomenon flos-aqua), Chlorella algae, Kelp algae (Ascophyllum nodosum), Alfalfa (grass) juice pwd, Flax seed, Lipoic acid)			Protease 3.0 0.6 SAPU **
			Amylase 50 DU **
			Catalase 5.7 CatU **
			Alpha-galactosidase 2.4 GalU **
			YOR 2TM Probiotic Blend 25 mg **
			DDS-1 strain of L. acidophilus (grown on milk) 188.6 mil c.f.u. **
			Bifidobacterium longum 56.6 mil c.f.u. **

Other Ingredients: Vegetarian Capsule (cellulose & water). **ABSOLUTELY NO FILLERS**

Enzyme activity is measured in Food Chemical Codex (FCC) units.

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YOR 3TM

INDIVIDUALIZED NUTRITION SUPPORT[†]

Directions: As a dietary supplement, take one (1) capsule with every meal or snack. Drink at least 8 oz. of water with each dosage. If you have difficulty swallowing capsules, you may remove contents from capsule, mix with a small amount of tepid water, and ingest immediately. Dosage may be increased according to digestive need.

S u p p l e m e n t F a c t s		
Serving Size: 1 Capsule		
	Amount Per Serving	%DV*
Riboflavin	1 mg	59%
Magnesium (as magnesium citrate)	3 mg	< 2%
Zinc (as zinc citrate)	0.5 mg	3%
Chromium (as chromium polynicotinate)	100 mcg	83%
YOR 3TM Nutrient Blend	317 mg	**
(Garcinia (fruit) ext, Broccoli, Carrot (root), Spinach (leaf), Marshmallow (root), Papaya (leaf), Rose hips (fruit), Prickly ash (bark), Acerola (fruit) ext, Barley grass, Garlic (bulb), Gotu-kola (aerial part), Green pepper (fruit), Wheat germ, Blue green algae (Aphanizomenon flos-aqua), Chlorella algae, Kelp algae (Ascophyllum nodosum), Alfalfa (grass) juice pwd, Flax seed, Lipoic acid)		
* Percent Daily Values are based on a 2,000 calorie diet		
** Daily Value not established		
	Amount Per Serving	%DV*
Enzyme Proprietary Blend	286 mg	**
Protease 4.5	100,000 HUT	**
Cellulase	400 CU	**
Lipase	481 FIP	**
Lactase	763 ALU	**
Protease 3.0	0.7 SAPU	**
Amylase	50 DU	**
Protease 6.0	172 HUT	**
Alpha-galactosidase	4 GalU	**
Catalase	5.7 CatU	**
Phytase	0.3 FTU	**
Pectinase	0.1 endo-PGU	**
Hemicellulase	1 HCU	**
YOR 3TM Probiotic Blend	25 mg	**
DDS-1 strain of <i>L. acidophilus</i> (grown on milk)	188.6 mil c.f.u.	**
<i>Bifidobacterium longum</i>	56.6 mil c.f.u.	**

Other Ingredients: Vegetarian Capsule (cellulose & water). **ABSOLUTELY NO FILLERS**

Enzyme activity is measured in Food Chemical Codex (FCC) units.

Storage: Store in a cool, dry place away from moisture and sunlight. Always keep tightly sealed.

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YOR 4TM

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Supplement Facts

Serving Size: 1 Capsule

	Amount Per Serving	%DV*		Amount Per Serving	%DV*
Riboflavin	2 mg	118%	Enzyme Proprietary Blend	242 mg	**
Magnesium (as magnesium citrate)	3 mg	< 2%	Protease 4.5	80,000 HUT	**
Zinc (as zinc citrate)	0.5 mg	3%	Cellulase	600 CU	**
Chromium (as chromium polynicotinate)	100 mcg	83%	Lipase	468 FIP	**
YOR 4TM Nutrient Blend	358 mg	**	Lactase	800 ALU	**
(Garcinia (fruit) ext, Broccoli, Carrot (root), Spinach (leaf), Marshmallow (root), Papaya (leaf), Rose hips (fruit), Prickly ash (bark), Acerola (fruit) ext, Barley grass, Garlic (bulb), Green pepper (fruit), Gotu-kola (aerial part), Wheat germ, Blue green algae (Aphanizomenon flos-aqua), Chlorella algae, Kelp algae (Ascophyllum nodosum), Alfalfa (grass) juice pwd, Flax seed, Lipoic acid)			Phytase	1 FTU	**
			Amylase	50 DU	**
			Pectinase	0.3 endo-PGU	**
			YOR 4TM Probiotic Blend	25 mg	**
			DDS-1 strain of L.acidophilus (grown on milk)	188.6 mil c.f.u.	**
			Bifidobacterium longum	56.6 mil c.f.u.	**

* Percent Daily Values are based on a 2,000 calorie diet
** Daily Value not established

Other Ingredients: Vegetarian Capsule (cellulose & water). **ABSOLUTELY NO FILLERS**

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